







# St Bede Academy

# Lunch Menu February 2010

Plate Lunches Include:  
 Choice of 1: Entrée, Soup, Salad  
 Or a Deli Line Sandwich  
 And all Sides Listed.  
 Juice and milk are considered a side.

Our Deli Line is now open on Mon. Wed. & Fridays  
 Until Lent Begins. Then it will be Mon. Tues. & Thurs.

	Monday	Tuesday	Wednesday	Thursday	Friday <i>National Wear Red Day</i>
<b>WEEK 1</b>	<b>February 1</b> Baked Rotini w/ Meat Sauce Peas Peaches Garlic Breadstick Or Ham Sandwich 	<b>February 2</b> Chicken Teriyaki on bun White Rice Broccoli Hay stacks Or Deli Sub	<b>February 3</b> Mozzarella Stuffed Breadsticks with Marinara Sauce Green Beans Fruit Or Hot Dog	<b>February 4</b> Chicken & Cheese Quesadillas Fresh Fruit Green Beans Or Hamburger on Bun	<b>February 5</b> Grilled Cheese Mixed Vegetables Pineapple Cookie Or BBQ Riblette
<b>WEEK 2</b>	<b>February 8</b> Tacos Lettuce & tomato Garnish Cup Peas Mixed Fruit Or Corn Dog	<b>February 9 Chicken Noodle Bake</b> Green Beans Dinner Roll Fresh Fruit Or Turkey Sandwich	<b>February 10</b> Cheeseburger on Bun Carrots Mixed Fruit Chocolate Brownie Or P.B. & J. 	<b>February 11</b> Big Daddy's Pizza Buttered Corn Pears Or Mini Burgers	<b>February 12</b>  <b>Early Dismissal</b> <b>No Lunch service</b>
<b>WEEK 3</b>	<b>February 15</b> Presidents' Day  	<b>February 16</b> Chicken Hoagie Potato Smiles Pears Chocolate Pudding Or Ham & Cheese	<b>February 17 Ash Wednesday</b> Stuffed Crust Pizza Buttered Broccoli Apple sauce Or Tuna on Bun <b>No Deli Line</b>	<b>February 18</b> Nacho Supreme with Meat & Cheese, Salsa, Garnish Cup Churro Pineapple Chunks Or Tenderloin on Bun	<b>February 19</b> Fish Taco Rice Mixed Vegetables Peaches Or P. B. & J
<b>WEEK 4</b>	<b>February 22 Orange Chicken</b> Fried Rice Egg Rolls Oranges Fortune Cookie Or Pulled Pork on Bun	<b>February 23</b> Cheeseburger on Bun Carrots Mixed Fruit Chocolate Brownie Or <b>Hot Dog</b> 	<b>February 24</b> "Double Dog Day" Baked Beans Fruit Mix Chips Or Turkey Sandwich	<b>February 25</b> Tenderloin on Bun Potato Rounds Chilled Pears Cookie Or Italian Beef on Bun	<b>February 26</b> Mozzarella Stuffed Breadsticks with Marinara Sauce Green Beans Peaches Or Tuna Salad

Emergency Substitutions may be required

St. Bede Academy 2010 Feb

**SOUP A LA CARTE 1.75**  
**SALAD BAR ONLY 1.75**  
 Or Soup and Salad can be purchased as  
**A Combo for \$ 3.00 w/ drink**