



Saint Bede Academy Parent, Coach, and Student – Athlete Protocol

As a coach, a parent, or a student-athlete, the Saint Bede Academy Athletic Department has expectations for behavior and communication that all should adhere to during all sports seasons. The guidelines given below are needed to maintain a healthy and safe environment for the enjoyment of interscholastic athletics as it was intended – an extension of the classroom and an opportunity to compete with respect and dignity.

PROTOCOL FOR PARENT (What we would like our parents to do):

1. Support your student-athlete's efforts toward success.
2. Work to promote a positive environment that is conducive to the development of your student-athlete.
3. Communicate any concerns in a timely manner, according to school protocol.
4. Treat all coaching personnel with courtesy and respect, and insist your student-athlete do the same.
5. Make every effort to accompany your student-athlete to informational meetings offered by the coach and/or the athletic department.
6. Assure your student-athlete will attend all scheduled practices and athletic contests.
7. Acknowledge and support the ultimate authority of the coach to determine strategy and player selection.
8. Promote and model mature and sportsmanlike behavior at all athletic contests.
9. Attend as many contests as possible to show support for your child, the team, and the school.

EXPECTATIONS AND PROTOCOL FOR COACH (What parents can expect in return):

1. Promote the health and safety of all student-athletes at all times. Create a safe environment.
2. Be a model of appropriate language, sportsmanship, and behavior and demand this of all team personnel.
3. Respect and dignify each student-athlete as an individual.
4. Establish time demands that acknowledge the primary importance of each student-athlete's academic and family responsibilities. Communicate these demands in a timely manner.
5. Promote among athletes and coaches a solid sense of team membership.
6. Maintain an awareness of recent thinking and strategy in their specific sport or discipline.
7. Assist, whenever appropriate and mutually convenient, with the post high school planning for individual student-athletes as it relates to athletics.
8. Be available to parents at times that are mutually convenient and in alignment with the athletic department's parent/coach communication guidelines.
9. Work with school personnel, when appropriate, to advocate for the best interest of the student-athletes.
10. Encourage student-athletes to experience high school in a well-rounded manner. Foster their interests to pursue other options in addition to your specific sport. Speaking in a derogatory fashion about other sports or activities is unprofessional and unacceptable.
11. Understand the prioritization that all in-season sports take full precedence over any voluntary workouts for sports that are out-of-season.



PROTOCOL FOR COMMUNICATION BETWEEN PARENTS AND COACH AND ATHLETIC DEPARTMENT

Communication procedures to discuss a concern with a coach

1. Encourage your child to speak directly with the coach.
2. Contact the coach to set up an appointment.
3. If the coach cannot be reached, contact the AD to assist in arranging that meeting.
4. Please do not attempt to confront a coach before or after a contest or practice.

These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution of concerns. If the meeting with the coach did not provide a satisfactory resolution, call to schedule an appointment with the AD to discuss the situation.

Appropriate issues to discuss with coaches

1. Treatment of your child
2. Ways to help your child improve
3. Your child's attitude, work ethic, grades
4. Concerns about your child's behavior

Not appropriate issues to discuss with coaches

1. Playing time of any student-athlete
2. Team strategy, technique, or play selection
3. Other student-athletes



SAINT BEDE ACADEMY STUDENT-ATHLETE EXPECTATIONS

All St. Bede Academy student-athletes are expected to:

- Acknowledge that playing on this team is an HONOR and a PRIVILEGE, not a right.
- Attend EVERY scheduled practice, scrimmage, game, and all other team related activities.
- Respect all coaches, teachers, peers, and teammates.
- Be supportive and encourage every teammate.
- If absent, it is the student-athlete's responsibility to contact their coach prior to any team related activity. Unexcused absences can ultimately result in dismissal from the team.
- Promote the development of self-discipline and high academic standards.
- Athletes who are injured are still required to be present at all team activities (practices and games).
- Any use/abuse or possession of illegal substances (drugs, alcohol, tobacco), vaping, theft, vandalism, or unethical behavior (in or out of school) is unacceptable. Upon evidence of such behavior, the student athlete will be subject to review by the Athletic Director for appropriate action in correspondence with the school handbook.
- Making appropriate personal sacrifices for the good of the team.
- Developing a "team-first" attitude.
- Being coachable and open to constructive feedback.
- Playing and following the rules of the program and game.
- Allow coaches to coach. Your role is to play hard and be a contributor to your team.
- Refer to all coaches as "coach."
- PARKING: You must keep your vehicle parked in the student parking lot for practices and games.
- ATTENDANCE: You must be in attendance for a full school day to participate in practices or events unless excused by the administration. Students must be in attendance for four (4) class periods to attend practices or events. Student may not attend any after school activity if they are not in attendance at least the last four (4) periods of the day or if they leave school.
- CELL PHONES: One cellular phone violation receives on Saturday morning detention. Students who receive a Saturday morning detention will be suspended for a one-week period from activities or athletic events beginning on the day the Saturday morning detention was issued.

STUDENT-ATHLETE/PARENT ATHLETIC CONTRACT

I have read and understand the athletic expectations set forth by the Saint Bede Academy Athletic Department. This total team commitment most definitely includes my efforts in the classroom, all practices, and all competitions. In summary, I agree to abide by all rules of the Saint Bede Academy Handbook as it relates to being a student-athlete and also understands that violations of the rules of this contract are punishable by game/meet/match suspensions from one contest up to dismissal from the team.

Student-Athlete Name: _____

Student-Athlete Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____